



## Belt Requirements for: Purple, Blue & Blue-Stripe

	Purple		Blue		Blue-Stripe	
	#	√	#	√	#	√
<b>Combination(s)</b> (RED Stripe)	4		8		12	
	18		9			
<b>Kata</b> (BLUE Stripe)	<b>One Kata</b>		<b>Two Kata</b>		<b>Statue of the Crane</b>	
<b>Kempos</b> (BLACK Stripe)	<b>Double Swords</b> (Beginner) <b>T-Stance High/Low</b>		<b>Double Swords</b> (Intermediate) <b>T-Stance Low/High</b>		<b>Swinging Hammer Spine Driver 5 Block Ridge Hand</b>	
<b>Jiu-Jitsus</b> (WHITE Stripe)	<b>Lapel Grab</b> (sumo, crashing circles) <b>Bridge Escape</b> (Hands ON, Headlock)		<b>Front Bear Hug</b> (hands TRAPPED) <b>Back Bear Hug</b> (butt thrust, leg toss w/ hands TRAPPED)		<b>Bridge Escape</b> (Striking) <b>Stand &amp; Retreat</b>	
<b>Blocking System</b>	<b>Sixteen Palms</b> (1-8)		<b>Sixteen Palms</b> (9-16)		<b>Sixteen Palms</b> (counterstrikes)	

- √ = You have learned the technique and can perform it.
- Students are expected to regularly practice all of their required material.
- Students will receive their stripes when they can perform the material with little or no help.