

Belt Requirements for:

White, Yellow & Orange

	White		Yellow		Orange		
	#	√	#	√	#	1	
Combination(s) (RED Stripe)	6		2		2		
	7		3		5		
Kata (BLUE Stripe)	Half Moon Drill		One Pinon		Two Pinon		
Kempos (BLACK Stripe)	Rules & Animals		Rules, Animals & School Motto		Rules, Animals, Definitions & School Motto		
Jiu-Jitsus (WHITE Stripe)	Single & Double Wrist		Front & Back Choke		Front & Back Bear Hug (Hands FREE)		
Blocking System	Eight Point		Eight Point w/Counterstrikes		N/A		

\Box $$	= You]	have l	learned	the	technique	and	can	perform	it.
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[☐] Students are expected to regularly practice <u>all</u> of their required material.

[☐] Students will receive their stripes when they can perform the material with little or no help.